



ALL-AMERICAN TIDEWATER POST 4809



VETERANS OF FOREIGN WARS POST 4809 - Est. 1944

5728 BARTEE STREET, NORFOLK, VIRGINIA 23502

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www.vfw4809.org

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 JUNIOR VICE COMMANDERPHIL DURBIN - 673-8617
 QUARTERMASTERRICHARD CROCKFORD - 461-5646
 JUDGE ADVOCATECRAIG DUDLEY - 618-5624
 SURGEONJOHN DUNN - 461-4367
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 SERVICE OFFICERJOHN GEBHARDT - 424-7499

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 LADIES AUX. SR. VICE PRESIDENTTHERESA HILBERT - 410-7252
 LADIES AUX. JR. VICE PRESIDENTMICHELLE NEILL - 965-3409
 LADIES AUX. TREASURERCAROL WATSON - 761-6455
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 M.O.C.A. PRESIDENTPATTY BAINES - 480-8828
 SEAM SQUIRRELCRAIG DUDLEY - 618-5624
 PRES. BOARD OF DIRECTORSCHARLES WALDEN - 631-0771

Labor Day Picnic, 5th: Noon 'til 2pm

Commander

Comrades & Sisters,

In September we have the **Labor Day Picnic** on the 5th; the **911 Ceremony** at Town Point Park on the 11th at 7:00 a.m., to which the City of Norfolk has invited **ALL** Veterans; and at 7:00 p.m. at the Post we will also have our own

911 Ceremony. On the 17th, we will have our **POW/MIA Ceremony** at the Post at 7:00 p.m.

The Ladies Auxiliary will be sponsoring a **"TOGA" Party** for a Cancer Fund-raiser on September 23rd.

And the Junior Girls will be conducting a **Car Wash** for their fund-raiser on

the 24th, so bring them your dirty cars and the Post will be conducting Vehicle Safety checks at the same time.

The Post will be celebrating the **VFW's 112th Birthday** on the 29th of September at 7:00 p.m. If you can support the Commander by marching in the **Neptune Parade**, please let me know as I need to respond with numbers when we get more information on the parade positions.

Contact **Craig Dudley** if you can support the Commander in manning the recruiting tent.


If you can support the Commander at the Little Creek/Fort Story base for **Buddy Poppies**, sign up on the posted list or see **Leonard Horsfall**, the Post Chaplain.

Some dates to remember for the **VA Hospital:** Friday, September 9, Day of Caring Patient BBQ at the gazebo; Friday, the 16th, POW Recognition Day Program at the Chapel, 2:00 p.m.; and Friday the 30th, OIF/OEF Welcome Home Celebration 9:00 a.m. to 2:00 p.m.

Important: If you help work the **Bingos** at the VA Hospital with our Post, you have to have the **Annual Volunteer Orientation.** This year the dates are on our Post Meeting night for the evening class. The Chaplain will be trying to set up a date they can hold the training at our Post – more to follow. The day classes are 9:00 a.m. to Noon, Monday and Tuesday, 24 and 25 October, Bldg. 83.

Our Recruiting Chairperson, **Craig Dudley**, and with the great assistance of a number of Comrades and Sisters, we need to **RECRUIT.** With that said, if you know of a friend, neighbor, or

SEPTEMBER, 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DATES TO REMEMBER: 2: V-J Day (1945) 10: U.S. Naval Sea Cadet Corps (1962) 11: Patriot Day; Grandparents Day 17: LAUX Organized (1914) 18: U.S. Air Force Established (1947) 25: Gold Star Mother's Day				1 Remte Control Club VFW Riders	2 6:30-8:00 pm AUXILIARY DINNER	3 PWP Dance
4 L.T.D.	5  LABOR DAY	6 7:00 pm MOCA MEETING Cootie Scratch Band	7 WEDNESDAY NITES: FREE Juke Box, POOL, Cribbage \$5.00 Pizza	8 Rifle Club	9 6:30-8:00 pm Post Dinner: MEXICAN Premium Blend in Canteen	10 Coin Show NARTU
11 9:30-11:30 MOCA BREAKFAST U.F.A.S.	12 7:30 pm POST MEETING Partilite Candles	13 Pepper Lovers Club	14 Coin Club	15 Alhambra	16 6:30-8:00 MOCA Steak DINNER Ocean Breeze in Canteen	17 9:00 am SUB VETS POW/MIA Ceremony PWP Dance
18 MOC/MOCA Hosp. Visit	19 7:00 pm LADIES AUXILLIARY MEETING	20 CWA/RMC Partilite Candles	21 Post/Aux HOSPITAL VISIT	22	23 7:00 pm Ladies Auxiliary TOGA PARTY Autumn begins	24 Junior Girls CAR WASH & Sleepover
25 9:30-11:30 COOTIE BREAKFAST	26 7:30 pm POST MEETING	27 AM Fleet Reserve Band	28	29 VFW Established (1899) Rosh Hashana	30 8:30-12:00 KARAOKE BIRTHDAY BASH Burgers/Fries	OCTOBER 1

co-worker who is eligible to be a member, invite them to the Post to visit, or bring them to a Friday Night Dinner. For the Post to achieve *All-State* and *All-American* for 2011-2012, Craig needs help recruiting more members. If you have any ideas on a good recruiting spot, share them with Craig or myself.

The **Volunteer of the Month** for September is **Carol Watson**, for having an idea to have a **Patio Party** and planning and executing it. It was a great day and it brought the Post together for a fun event. Thanks for all your hard work at the Post.

"The HURRICANE Season is here; are you prepared – water, batteries, flashlights, evacuation routes or plans?"

... *Eric Mallett*

Home: 471-9083; Cell: 714-9066
elmallett@cox.net

Senior Vice-Commander

Comrades & Sisters,

Well, here it is September already!!! Where does the time go? Fall is just around the corner and the beginning of the busy Holiday Season. I hope you are all getting a head start on it!

We had a great August at 4809. The **Cootie Safari** was its usual good time and if you made it to the **Elvis Show** benefitting Vets House I know you had a good time.

September will bring us the **Neptune Festival**. I learned shortly after I moved to Virginia that this was a celebration of the locals getting the 'Beach Back' from the tourists. The thing is, this event brings in just as many tourists as any event during the summer's traditional vacation months!

We are participating in the **Parade**. Come on out and walk the parade route with us! If you can't walk the distance, there will be some vehicles for you to ride in. From my own experience, it is a thrill beyond words to walk down the street and hear everyone yell "Thank You for your Service". It's a feeling you can't imagine unless you do it, so I hope you will join in.

Comrade Craig will also be set up on the Boardwalk with our **Recruiting Table**. Please take a couple of hours and come out help get some new members

for our Post. Remember, it's *OUR* Post and we are *ALL* responsible for bringing in new members; so try to reserve an hour or two of your time that weekend to help out.

We cannot stress **Membership** enough. How great would it be to have our 100% by the end of the year? Let's continue to focus on Recruiting and renewing annual members. Don't forget that you can invite potential members to one of our dinners or fund-raisers so that they can see what we do.

Carry applications with you and have one at the ready if you find a prospective member. We need to keep up the hard work to keep our numbers up there.

If you are currently a member and have not renewed your membership, I encourage you to do so. If you know of a Comrade who is a member and has not yet renewed, feel free to contact them and encourage them to renew. Maybe they forgot, or perhaps they feel if they cannot make it to meetings or events that they "don't matter". That couldn't be further from the truth.

Offer them a ride if transportation is an issue. Encourage those you know who are Annual Members to consider Life Membership. Imagine not having to ever again worry about renewing! Their benefits of membership will continue without worry. It will actually save them some money in the long run.

Life Membership. Fees may be paid through a 12-month payment plan:

Fees are as follows:

Up to age 30 . \$425	31-40 410
41-50 375	51-60 335
61-70 290	71-80 225
81 & over 170	

... *Ruthy Goodall*

Cell: 572-8224
skckag@cox.net

Chaplain

Comrades & Sisters,

We had some Comrades who have moved on to a bigger house. They are: **Harry J. MacDonald, Norbourne M. Dinwiddie, Kenneth W. Rose, Donald Satherdoo, William F. Tanton, Lawrence M. Watson, John O. Simis** and **Charles R. Quillin**. Let's keep these Comrades' families and friends in our prayers.

Sick Comrades are: **Gary Messersmith** and wife; **John Cossell; Bob Sarka;** and **Wayne Pierce**.

Keep all of these Comrades, families and friends in your prayers and thoughts.

Let's keep all of our Comrades and Sisters in harm's way in our thoughts and prayers as well. Say a special prayer for the thirty Comrades who lost their lives in harm's way.

God bless and keep every one safe.

... *Leonard Korsfall*
Chaplain

... Ladies Auxiliary

Dear Sisters and Comrades,

I was so excited to see so many at the August **Auxiliary Meeting**. Thank you ladies for coming. We are 100% Reported in all programs, so now is the time to settle in and do the rest of our work for the year.

The **Voice of Democracy** and **Patriot's Pen** contests are going to be here before you know it. **Patriotic Arts** are a little later. If you have a child or grandchild interested in this contests, just let us know, as we are trying to reach out to all schools – Middle and High – and are waiting for responses from them.

This month's Dinner will be *Steak*; and you will get a choice of either Baked White Potato or Baked Sweet Potato.

If you have a little time on your hands, it would be great to have you join us for the **Hospital Visit**. We have **Bingo** for the patients. I cannot begin to tell you how they love Bingo. Meet me at the Post by 5:00 p.m. and I will give you a ride.

Our Auxiliary will be inspected this month; so I really hope we have a good turnout for our Guest Past Department President, **Ellen Stogsdill**.

Get your Togas ready for the **Big Toga Party**. You will be surprised at what the committee has planned for this. It is wonderful to have new ideas come to the surface. We need some changes and this is great. All this is to raise funds for **Cancer Aid & Research**. We have so many Sisters and Comrades stricken with this dreaded disease – that's why we need to do all we can to help.

Our **Cancer Chairman** for the Auxiliary is in the hospital at the time of writing this article fighting this disease. A committee of new officers has stepped up to see that this is done so she does not have to worry about it.

Check out the calendar and support all that we do because without each and every one of you helping, we are spinning our wheels. Check out our new ideas. I look forward to seeing you at the Post.

If you are an **Annual Member**, consider changing to a **Life Membership**. You'll never have to worry about renewing again. The Life Membership fees are as follows:

(Attained Age as of December 31 of the year applying):

Thru 20	\$220	21-25	210
26-30	200	31-35	190
36-40	185	41-45	175
46-50	170	51-55	160
56-60	150	61-65	140
66-70	130	71-75	115
76-80	95	81-85	75
86-90	60	91 & over	50

As always, contact me if you have any questions or concerns.

Sincerely,

... *Gloria Klingsfelter*
 President 282-6803
 c-m-glokl@verizon.net

Auxiliary Chaplain

Our Dear Sisters,

I hope all are doing well. We have had a few things happen this month

We have a few Sisters who have been sick and in the hospital. **Phyllis Stokes** has been in the hospital and had surgery this month. **Liz Wilson** was admitted to Sentara Leigh in Norfolk.

Please continue to pray for our sick Sisters and Comrades who are battling this dreadful disease: Cancer. And, of course, all our others who have been sick.

Please let me know in case of sickness or death of a member or a family member so I can respond to their needs. And I want to thank everyone for the overwhelming support I have received from our Ladies.

God Bless.

... *Cindy Chivers*
 757-202-3087

Seam Squirrel

Listen up, Cooties,

I missed my second **Scratch** due to a family emergency in Florida. I hope to see you all at my next Scratch the day after Labor Day.

Don't forget to come out for **Bingo** on the 18th at the VA Hospital; it is always a lousy time.

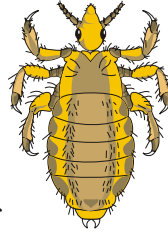
And if you have a few hours to spare on the 25th, come on out and help with **Breakfast**.

See the latest edition of the *Cootie Courier* for information about the upcoming **Tomb Trek**. Start planning your trip now.

This month marks the tenth anniversary of that horrible day in our nation's history. If you can spare an hour of your time, come by the Post on Sunday, September 11, 2011 to pay tribute to all whose lives were lost on that horrible day in 2001.

L.O.T.C.S.

... *Craig Dudley*
 Seam Squirrel
 757-688-9729



W.O.C.A.

Dear Sisters,

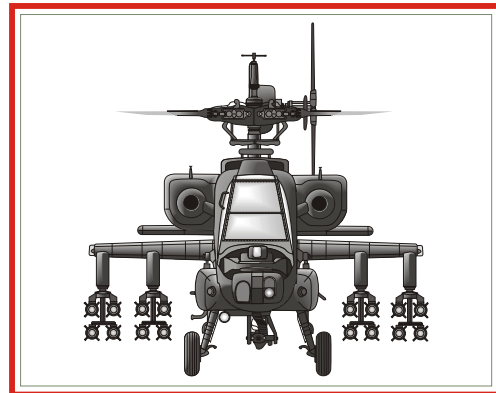
I want to thank all of you who helped with our last **Steak Dinner**. Please keep helping with these dinners and **Breakfasts**, as well as the Hospital visits. Let's all work together and make this a good year.

Our Schedule is on the calendar on page 1.

Please keep our Sisters who are ill in your prayers. Remember to keep them "smiling in beds of white".

Sincerely,

... *Patty Baines*
 President



**Veterans Information
 VA Health Care System**

For millions of Americans, loss of vision often equals loss of independence. Thankfully, there are numerous rehabilitative techniques, technologies and support services available to help them maintain productive, fulfilling and independent lives.

According to the American Foundation for the Blind (AFB), more than 25 million Americans report experiencing significant vision loss, more than 6.5 million over age 65. More than a million are military vets, of which 157,000 are legally blind while the remainder have a level of vision impairment severe enough to limit their performance of necessary daily activities.

And these numbers are rising. According to the Blinded Veterans Association (BVA), an estimated 13% of all wounded service members evacuated from Iraq and Afghanistan have suffered some type of serious eye injury, while still more may experience vision problems as a result of traumatic injuries to the brain. Some 7,000 veterans also become newly blind or visually impaired each year as a result of age-related macular degeneration, glaucoma and diabetic retinopathy.

To address the needs of America's blind and visually impaired veterans, there are numerous programs available through the VA that can help, including grants to purchase adaptive devices or cover the cost of home improvements that will aid them. But many vets don't take advantage of them.

In order to take advantage of any VA health care benefit, including services for the visually impaired, veterans must be enrolled in the VA Health Care System.

Travel Through Time

Although he wears military garb, William Gasser, director and curator of the American Armoured Foundation Tank Museum in Danville, VA, is quick to say he's not a vet. "This is what happens when you don't put toy soldiers away," he says. "We've got 1/3 of a million sq. ft. and some 30,000 items inventoried."

Engaging exhibits include cavalry and tank items from the Revolutionary War to the current Iraqi conflict, uniforms, artwork, ID bracelets, photos, and 117 actual tanks and artillery pieces. About half of the tanks are operable. The oldest item is an armor from 1509.

The museum also is home to the world's largest under-a-roof battlefield for radio-controlled tanks. The 6,000 sq.ft. battlefield depicts buildings, roads, trees, fences, and bridges and has a fog machine to create smoke and a full-working river.

From the Canteen

**Hours: Mon thru Thurs-2:00-10:00 pm
Fri & Sat - 10:00 a.m. - 2:00 a.m.
Sun & Holidays - 10 a.m. - 10:00 p.m.**

We will have *FREE* Pool, Juke Box and \$5.00 Pizza will also be available on Wednesday Nights. *Premium Blend* will be in the Canteen on the 9th; Ocean Breeze on the 16th. A Toga Party to benefit Cancer will be on the 23rd. Come support the Ladies Auxiliary in their battle against cancer. Our **Karaoke Birthday Bash** for September will be on the 30th. Come out, support your Post and join our entertainment. See the posters around the Post or our web site for details.

In the **Bar**, we now have Cheeseburgers in addition to Hot Dogs and Pizza.

There are a few lockers available @\$5.00 per year. **Locker Dues** were due July 1. There will be a list of names that owe Dues posted on the Bulletin Board this month.

Welcome to **Tiffany, Wendy and Tracey**, our new Bartenders. Stop in and say "Hello"!

Help! Help! Remember we are not a bank; please try to keep your checks and big bills

(100s & 50s) to a minimum; we have an ATM machine for your convenience.

We're being overwhelmed with members' bottles and have run out of room. Some members have **3, 4 and 5 bottles** – this is *NOT* acceptable. We'll start dating bottles and any left over 60 days will be disposed of. There are still lockers available at \$5.00/year.

Looking forward to your patronage,
... Phil & Bill

Junior Girls

Comrades & Sisters,

I am very pleased to announce that we have four new members: **Leslie and Slyssa Johnson**, and **Hannah and Alexandria Reiss**.

The Girls did a wonderful job with the **Luau Dinner**. We had lots of help and participation which was awesome!

The date for the **Car Wash and Sleepover** will be September 10, so mark your calendars!

... Brittney Pavona
Jr. Girls Advisor
646-9991

<mailto:glokline@verizon.net>

Quartermaster

**Post 4809 Members Due
Continuous Service Awards:
September, 2011**

Edwards, Dabvid E.	45
Price, Richard J.	30
Meinhardt, Douglas K.	25
Tommaselli, Richard N.	25
Selby, Johnnie E.	20
Wainwright, Benjamin T.	20
Cusic, Raymond J.	10
Holmes, Harry W.	10
Mariano, Jun	10
Snyder, Frank W.	10
Bagley, Jonathan P.	5
Curtenaz, Teresa H.	5
Etter, Thomas H.	5
Gonzalez, Juan R.	5
Hamilton, Jesse D.	5
Matza, Stephen J.	5
Schonscheck, Richard A., Sr.	5

... Richard Crockford

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